

An Employee Newsletter

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Happy New Year!

From our Executive Director

Welcome to Winter!

I think we have already had more snow than we did all of last year...and I am certain there will be more!

As we say goodbye to 2023 and welcome 2024, I look forward to our new projects.

Moving the administrative offices and some programs over to North Main St and creating a true work training program are two of our most exciting endeavors this year.

Thank you all for your hard work for our individuals –

Mary Etter,
Executive Director



A trip to Walt Disney World

Three individuals from Peck Lane enjoyed a wonderful vacation at the happiest place on earth.

Pictured top: Sue, Rae Ann, Michele, Cheryl & Ross with the cast and characters of "The Lion King".

Pictured below: Sue, Ross, Rae Ann and Michele enjoy the merry go round at Disney's Magic Kingdom.

Staff Highlights



Our Staff Highlights section features staff who have recently been promoted or hired into BARC's management team. Our Featured Staff section shows staff who were chosen to be highlighted for the month and share a little bit about themselves.



Antonio Denny

Assistant Residential Manager

Ridgecrest

Featured Staff

November



Miranda Weldon

Miranda has been with BARC for 8 years as our day program registered nurse, overseeing our Lake and Jerome Avenue locations. To Miranda, a perfect day means being able to make someone smile, laugh, or be comforted in some way. Her favorite thing about working at BARC is being a part of an organization that strives to give people the best life which they deserve. She also enjoys the relationships that are built with the individuals she supports.

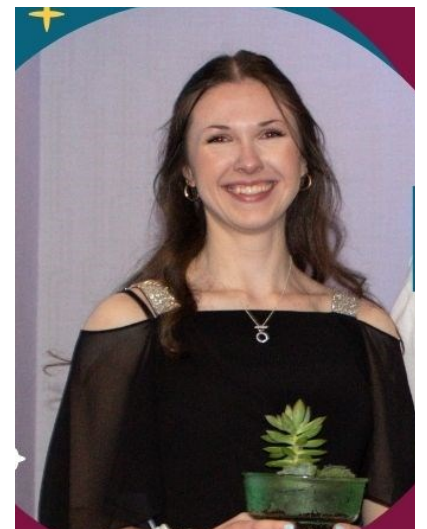
December



Sue Marcuccio

Sue has been with BARC for almost a year as a DSP at our Ridgecrest program. In her free time she enjoys cross stitching, reading, working with her Eagle Scouts group, and spending time with her dog and cat. Her favorite thing about working for BARC is all the fun she has with the individuals in her program! She values helping people at work, socializing and getting to know the individuals.

January



Katie Smith

Katie has been with BARC for a year and a half as our HR/ Training Coordinator. In her free time, Katie enjoys reading, powerlifting, and trying new coffee shops and restaurants.

"My favorite thing about working with BARC is knowing that each day, my work can positively impact the lives of the individuals we support."

Individual Highlights



Many individuals at BARC have experienced some very exciting highlights over the past month or so.

Pictured top left: Margaret, joined by her new room mate Elisa, is very excited to have finally moved in at Morningside. **“You have helped me to finally live on my own”** Margaret said proudly on her move in day. This is a perfect example of what BARC aims to do and how we help bring smiles and happiness to those we serve.

Top right: Sally celebrated her 65th birthday. Pictured center left Tahara enjoying the Holiday Party, Pictured center right Jill, David and Lexi at AMC theater. In celebration of her birthday, her and some of her house mates went to see Trolls 2. Bottom left and right: Emily, Karen and Mark enjoying the Holiday Party festivities.



Good News



Stacey-Ann James shared the exciting news of her new baby boy.

Kairo Anthony

Congratulations!

Danielle shared the exciting news of her new grandson:

Cason Allen

Congratulations!



Liz Troiano shared the exciting news that she along with Favarrh players will be performing in the production of:

“The Lion King Jr.”

Performances will be at Kingswood Oxford School in West Hartford. Show times are March 15th and 16th at 7:00pm and March 17th at 1:00pm. Tickets are \$15.00 and will be available soon.

For more information, please call 860-693-6662 x116

Have Good News? We would love to celebrate with you! Please send an SCOMM to Rachel Wagner or email rwagner@bristolarc.org

BARC Recreation

The Recreation program recently hosted an Elvis themed dance. This proved to be a very fun time especially since Elvis himself paid a visit to BARC! Pictured top left: Emily and Alex have a dance, Top center—Elvis is jamming away, Top right: Conor dancing, Center left: Jen and her boyfriend with Elvis, Center middle: Nicole with Elvis, Middle right : Amy with Elvis, Bottom left: JB and Michele Bottom center: Tesha and Angel and bottom right: Donnie with Elvis.



BARC Recipe Corner



Chicken in a Blanket

The following recipe is being shared with us by Carole Swicklas. This recipe takes the classic pigs in a blanket recipe and twists it into a delicious crispy chicken delight. A great appetizer for your football fans or any party.

Ingredients

1–2 packages of crescent rolls

1 –2 eggs

5-6 Chicken tenderloins cut into bite sizes pieces

1 can of Frenches fried onions (crushed)

1/4 cup of flour

Directions

1. Preheat the oven as directed on the package of crescent rolls.
2. Unroll the crescent rolls and separate into triangles .
3. In a bowl, mix the crushed, fried onions and flour together.
5. In second bowl, beat both eggs then dip the chicken pieces into the egg mixture.
6. Dip the coated the chicken pieces into the fried onion flour mixture and coat well.
7. Roll the coated chicken pieces in each dough triangle.
8. Bake for 10-12 minutes until golden.

ENJOY!

